

# INDEX

## DISCOURSE ARCHIVE BUNDLE

### FOR 2009

**Below is a brief index of the topics discussed in each of the 2+ hour Discourses in this bundle.**

Discourse #34

Launched January 2009

Topics Discussed:

- a) Unfolding of the storyline of Robert's dog Peri and her lame leg
- b) The earth amusement park is a story factory
- c) Question – how do we apply The Process to recovery from major surgery when I know it's an illusion?
- d) Question - how is tithing a Phase 1 illusion?
- e) Question – do you have a list of supportive Phase 2 lyrics/music like you do a movie list?
- f) Question – the phrase in Phase 1 “we are the opposite of who we really are” - I don't have a direct feeling for what that means. Could you please discuss this?
- g) There are so many opportunities everywhere to be appreciating and seeing clearly all the things that were part of how we pulled off the Phase 1 miracle, especially during travel (threat levels, security, etc)
- h) Postcard from the road: Time warp – a current scene replaying old patterns in order to give an opportunity to use the tools and have a feeling of going back in time or déjà vu

Discourse #35

Launched February 2009

Topics discussed:

- a) The three flow aspects the human game
- b) The money overlay to the above concept and why you don't have less
- c) Phase 2 players from Hawaii asked what to expect when busting loose in a recent phone call
- d) How patterns collapse over time, and why patterns are persistent
- e) Update on Peri
- f) Update on Timewarp concept
- g) Appreciation for all Phase 1 layers that are created and stitched together in order to pull off the Phase 1 miracle

- h) Labels and judgments of feelings in Phase 1 and how this reverses in Phase 2
- i) Question – what comes out of the time warp concept where stories re-write themselves?
- j) Question – does the individual do the creating or does the Expanded Self do the creating?
- k) Question – could you please give updated examples of how you use language, i.e. the basic transformational vocabulary tool and the Skybox perspective?
- l) New at phase2players.com: Mini Facebook feature

Discourse #36

Launched March 2009

Topics Discussed:

- a) Phase 1 isn't an entirely bad place ... although it has pain, restriction, etc. the earth amusement park has many adventures that are quite joyful
- b) Things that have driven you crazy in Phase 1 are viewed as amazing creations in Phase 2 as you expand
- c) Telling The Truth about the illusion of "If only \_\_\_\_\_ would happen, my life would be better"
- d) Insight: authentic-ness and unauthentic-ness are just made up concepts
- e) Phase 1 miracle illustrated by a 10 year old friend of Ali at a birthday party
- f) Question – the mirror effect in my hologram applies to living objects, and inanimate ones as well. How do you feel about this?
- g) Question – I created myself to have lost my short term memory now that I live in reactive mode, and have created you to communicate a similar dynamic in your life ... is that true?
- h) Question – would labeling myself a vegetarian be considered a judgment in Phase 2?

Discourse #37

Launched April 2009

Topics Discussed:

- a) Victory journal: keep an ongoing record of shifts/ changes/ transformations/ expansion experiences because it's easy to forget that there has been a huge leap to get to what you're used to now
- b) There is no one certain way that True Joy feels or looks
- c) Exploration of vision correction experience which provided a lot of support
- d) Snap your fingers magic – imagining a support tool or technology and then running across its existence
- e) Phase 2 player Facebook and Twitter pages

- f) Blogs: [dynamitethebox.com](http://dynamitethebox.com) and [truejoyexperience.com](http://truejoyexperience.com)

#### Discourse #38

Launched May 2009

Topics Discussed:

- a) Update on Robert's dog Peri
- b) Update on eyes
- c) Canvas metaphor
- d) Chess metaphor
- e) Question – can one aspect of yourself play one of several roles in a particular scene of your movie?
- f) Intellectual concepts of the Busting Loose model
- g) Share – reflection of Aidan's "less than" feelings about his fine motor skills/handwriting, which Robert and his father also struggled with
- h) Question – as a result of playing the Phase 2 game, I find myself feeling bored/unmotivated – is this normal?
- i) Question – please comment: I'm finding it difficult living without agendas, outcomes, or goals in a business context

#### Discourse #39

Launched June 2009

Topics Discussed:

- a) Insight on Peri and her health versus a human and their health
- b) You as the creator are omnipotent with your storyline, just like an author is omnipotent with the storyline except an author is limited by the nature of the story
- c) In Phase 1, the dynamic is to change/fix/improve the hologram and find the best ways to do it. In Phase2, some of that dynamic continues fueled by Phase 1 residue, and some of that dynamic continues with no judgment: "I'd really love to experience \_\_\_\_\_."
- d) If you see a recurring pattern after you've drained egg – just be with it
- e) Question – is it our thoughts that create reality?
- f) Question – if my Expanded Self has already decided what it wants me as the Player to do, what is the point in getting motivated and fired up about changing my direction in life?
- g) Question – if I create everything in my movie, are the people acting out the parts the way I have scripted it?
- h) Question – if interactions cause me pain, is it me creating how they react to me?
- i) Question – can I simply create whatever script I choose for each person in my movie?

- j) Question – if I am unhappy with my physical appearance, and believe people are telling me I’m not very good looking, is it me actually creating that?
- k) Question – if I look in the mirror and don’t feel good about myself, am I simply seeing an image of what I have created? Is it as easy as changing my story and telling/seeing myself in the mirror as looking any way I choose?
- l) Question – what if I believe I am 20 pounds overweight and cannot lose it. Am I actually creating resistance, which makes it even harder to lose the weight?

Discourse #40

Launched July 2009

Topics Discussed:

- a) Excellent metaphor - when you play video games that are based on movies, you get to enhance the overall experience because you get to participate in the action and story line
- b) Replay/mirror by Aidan of Robert’s disruptive behavior during childhood to show what it was like during octopus egg formation
- c) Work in progress – Cecily sometimes mirrors/plays the role of the collective nuclear family from Robert’s childhood, sometimes plays the role of the universe at large
- d) Both positive and negative judgment can be the glue that locks the illusion in place
- e) Agendas/goals/preferences and their relationship to judgment

Discourse #41

Launched August 2009

Topics discussed:

- a) Michael Jackson
- b) “If only I had \_\_\_\_\_, I’d be happy”
- c) No longer “needing” to look at numbers (money) after knocking out cloud cover – your experience of looking is very different than in Phase 1
- d) If you are aware of it, you are creating it
- e) Re-visit of Octopus egg for new members, tying in the straight jacket during eye surgery with the collar or the character Richard in Sword of Truth series: feeling of limitation/restriction
- b) Jumping the gun

Recommended resources:

Legend of the Seeker TV series, The Sword of Truth book series by Terry Goodkind

Discourse #42

Launched September 2009

Topics discussed:

- a) Persistent patterns and the Spell metaphor
- b) Playing Phase 1 games in Phase 2
- c) Question – what can I expect when I have a direct experience?
- d) Question – if I am currently single and broke, and I think to myself my life would be “better” if I had someone to love and who loved me along with a bank account that is overflowing with money, it seems on the surface that that would bring joy, so why wouldn’t my life be better if tomorrow I had a million dollars in the bank along with a partner who loved me unconditionally -- is it because it wouldn’t last that long because the cloud cover is still there and since the cloud cover is still there, my hologram would go back where it was before?

Recommended resources:

PACE method

Discourse #43

Launched October 2009

Topics discussed:

- a) More on the “life would be better” discussion
- b) More on the storyline of vision and eyes
- c) More on the storyline of Peri
- d) Question – how does one open up to appreciation or feeling?

Discourse #44

Launched November 2009

Topics discussed:

- a) The anatomy of an old pattern collapsing
- b) Question - I understand, at least intellectually, that the numbers in my bank account are not real and are hiding my infinite abundance. However, I’m having a hard time expressing appreciation for things I’m strongly moved to do or to have if I don’t see the figures in my account. Could you please speak about this in more detail?
- c) Question – I identify with your eye story as I also was/am nearsighted. I’ve been going through an invisibility egg very intensely, and now feel that the eye thing is connected to this egg, but a key is missing. Have you any insight into how I should move forward on draining the rest of this egg?
- d) Question - if I’m paying down debt, aren’t I reinforcing that I judge it as undesirable and therefore keep declaring it as real?
- e) Sketch: four ways to play the Human Game (expansion of an Illusions and Truth episode)

Discourse #45

Launched December 2009

Topics discussed:

- a) Question – I understand that when I’m feeling discomfort I have the option of using the tools. Once I’ve done that, I then do what I’m moved to do, if anything - often I’m not moved. However, when I’m strongly moved to take some action, I do. After the fact, within days/weeks/months, I find that the action I took was supportive. Other times I find that it was a replay of an old program. How can I know when the action I strongly feel to take is coming from my Expanded Self, or coming from an old pattern in the field?
- b) Question – please add to what you said during the October Adept phone call about selfishness, worry of another person outside, or the trap of how our storyline will affect another
- c) Ten month journey of the creation of the Illusions and Truth website/episodes/podcasts and its dissolution
- d) Love in Phase 1 and in Phase 2
- e) Question – please comment: I’ve been using the tools for three years, and have never experienced the “aha” of how the illusion was put together or why my Expanded Self put it in place to support me. I don’t feel I’ve expanded to experiencing more joyfulness. Sometimes I’m so frustrated that I’m sure the Phase 2 game is another Phase 1 illusion designed to limit and restrict me like everything else, never allowing me to actually get what I want and bust loose.